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Instructions For Topical Anti-fungal

If the patient has been given Gordochoom for treating his/her fungal toenails. Instructions for the use of this topical antifungal follow:

GORDOCHOM- 1fl. oz.

This is a topical antifungal for the feet and toenails. Before use cleanse and dry the affected area.

1. Apply a thin application twice a day (morning and night) to the affected area for 3-6 months.
2. Use brush under cap to paint a thin layer of mixture on affected nails.
3. File affected portion of nail with a new emery board once a week.
4. Spray Lysol into shoes twice a week to ward off bacteria.
5. Use Zeasorb AF powder (available at our clinic). Most people with fungus nails have a problem with excessive sweating of their feet that they may not be aware of and using Zeasorb AF powder is a simple treatment plan critical to helping the fungus nails get better.

Supervise children in the use of this product.

For Athlete's foot: Pay special attention to the spaces between the toes; and change shoes and socks at least once daily. If condition persists after 4 weeks please call our office to schedule a follow-up appointment.

Lamisil Prescription Directions if Dispensed:

If you have been given a prescription for Lamisil tablets to be crushed and added to the Gordochoom please have the prescription filled at your local pharmacy. If the pharmacist will not crush the tablets to be added to the Gordochoom then do it yourself at home with either a mortar and pestle or the back of a spoon. Once crushed add to the Gordochoom bottle and shake thoroughly.

1. Always shake well before use and expect to see undissolved Lamisil in the bottle.
2. If a prescription for Keralac Nail Stick is given also please apply twice a day. Keralac Nail Stick is applied before the Gordochoom with dissolved Lamisil tablets.

*****Please note that there may not be any significant change in the appearance of your nails for six months to a year.**

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