

Thomas F. Vail, D.P.M., F.A.C.F.S.

Podiatrist –Foot Surgeon
1725 Western Ave., Suite C
Findlay, Ohio 45840
419-423-1888

Board Certified – American Board of Podiatric Surgery

Patient Surgery Checklist

- Your procedure may require a History & Physical. Our Facility Policy is if you do need to have an H & P and it isn't done, then No Surgery.**
Procedures requiring a History & Physical please do the following:
- 1. Have your family doctor, fill H & P out and sign it before your surgery. This will be provided by our office*
 - 2. Return this to our Office.*

- Labs may be required for this visit.** Patient should have labs done at the instructed facility. Call the number on your order form to schedule your labs at your convenience. **Your labs should be done no sooner than 4 weeks before your surgery. Sooner than 4 weeks may result in having blood work repeated.**

Your labs should be done within this time frame: (to be filled out by our assistants)

***Remember to take your Order Form with you. This is Fasting, nothing to eat or drink after midnight the night before your blood tests.**

- Also, EKG and/or Chest X-RAY may be required for your surgery. We will fax this order to the Hospital and the Pre-registration department at the hospital will call you with a scheduled time. Their address is listed below.**

*Blanchard Valley Regional Health Center
Center for Diagnostic Studies
145 West Wallace ST.
Findlay, OH 45840
Hours: Mon-Fri: 7:00 am to 8:00 pm
Sat: 7:00 am to 12:00 noon*

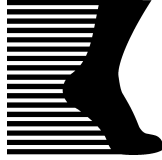
- Night before surgery and the morning of surgery scrub your foot with HIBICLENS*

- If you have internet access go to www.findlaysurgerycenter.com and fill out a surgical questionnaire, or call 419-429-0409**

- PREPARATION FOR SURGERY:**

1. Wear something loose fitting around affected foot and leg. If you are to use crutches, a walker or a Don Joy Walker, bring this with you the day or your surgery.

- Your procedure may require fasting.***



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* If your procedure **does not** require fasting you may eat and drink until your procedure time
If your procedure **does** require fasting please follow these guidelines:

- **For all ages:** No solids after midnight
 1. Full liquids until eight (8) hours pre-op.
 2. Clear liquids until four (4) hours pre-op (black coffee, tea without creamer, apple juice, non-pulp orange juice, Jell-O).
- **For Infants:** Infant formula or milk until six (6) hours pre-op.
- **For Diabetics, GERD or other process that delays gastric emptying:** Nothing by mouth after midnight **without exception.**

- If you are on Blood Pressure Medication, Take it the morning of surgery with a small amount of water.

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