



**Thomas F. Vail, D.P.M., F.A.C.F.S.**

Podiatrist –Foot Surgeon  
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419-423-1888

*Board Certified – American Board of Podiatric Surgery*

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### **Post-Operative Instructions for Verruca Excision or Laser**

- Watch for signs of infections such as pain, redness, swelling, pus, red streaking up your foot and/or leg, fever or chills. If you should develop any of the above, call our office immediately at 419-423-1888 and tell the person answering the phone that you recently had surgery and the symptoms you are experiencing.
- 24-48 hours after surgery remove bandages and bath as normal. Scrub the surgical site with soap and water.
- **Start soaking 24 hours after procedure and after bath/shower. Using Tea Tree Soaking Crystals (preferred method-pre-packaged and available at Clinic) or 2 tablespoons of Epsom Salt and warm soapy water (dish detergent or Dreft laundry soap) soak for 20 minutes.**
- After Soaking for 20 minutes apply a mix of Efudex and Silvadene Cream prescriptions (given by the doctor) unless allergic to sulfa. Apply a Telfa or non-stick gauze and a band-aid.
- The operative site MAY be numb for approximately 4 to 5 hours. Begin taking extra-strength Tylenol, Advil, or the prescription written by your doctor. Take the prescription for the first few days whether you have pain or not. Follow the instructions on the label on the bottle. If this does not help with the pain, you may want to call the office at 419-423-1888. If it is after hours Dr. Vail will be paged.

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