

Diabetic Summer Camps for Kids



▶ PRODUCT STORE

JULY 2009

WWW.VAILFOOT.COM



▶ STEP ALIVE SHOES

E-FOOTNOTES



▶ VISIT OUR BLOG

Diabetic focus

ADDRESSING THE NEEDS OF DIABETICS AND
PROPER FOOT CARE FOR ALL AGES.

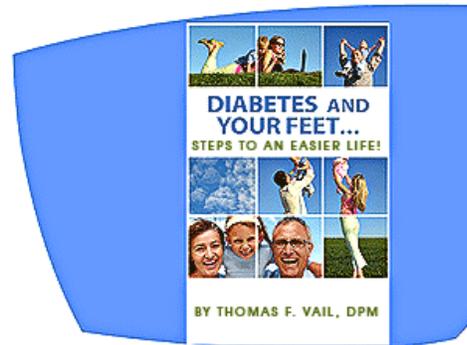
Doctor's
News
Articles

Appointment
Request

Diabetes Camps for Kids



The words "diabetes" and "camp" may not seem to go together. Camps offer games and activities and they're supposed to be fun. Diabetes involves carbohydrate counting, blood testing, and sometimes insulin injections.



But diabetes camps can be of great help to kids.

What are Diabetes Camps?



Diabetes camps are designed for children with diabetes. They're meant to be safe places where kids can feel they are not alone in having diabetes. The camps have a staff of medical professionals who are experienced in diabetes care. Often there are physicians, nurses and dietitians. Sometimes there are nursing students, pediatric residents and social workers. In many of the camps, there are at least some counselors who also have diabetes and may even be former campers.

Diabetes camps often have all the usual camp activities such as swimming, arts and crafts, hiking and boating.

However, there is an additional educational component that helps kids learn how to manage their disease. For instance, they may learn how to adjust their diet or insulin when planning exercise, or they may learn how to give themselves their own shots for the first time. As with "regular" camps, there are all types and arrangements of diabetes camps.

There are family boys' camps, girls' camps, and co-ed camps.

Who Benefits From a Diabetes Camp?

The primary benefit of diabetes camp is the connection among children with diabetes and other children and counselors who have diabetes. Camp can break down the isolation kids often feel. However, camp is not for everyone, and some kids do not like it, while others thrive.

When it comes to determining who thrives and who doesn't, a lot depends on whether the child is emotionally mature enough for a camp. This readiness is something that the parents or guardians need to decide together with the child. Kids who need a lot of help and direction in their blood glucose self-monitoring, insulin injections, and food choices would definitely benefit from a diabetes camp.

What is Important to Look for in a Diabetes Camp? [Read More](#)





July
Recipe of the Month
Blueberry Crisp
[Click Here for Printable Version](#)

E-FOOTNOTES
Archives

@ ONLINE
VERSION

If this email does not display properly, please view our [online version](#).

➔ FWD TO A
FRIEND

Think you know someone that will enjoy this email? Why not [send it to a friend?](#)

Register Here
For the Findlay Diabetes
Summer Camp Berry
August 22-24, 2009

If you no longer wish to receive this mail [please unsubscribe](#).

Podiatrist - Findlay, Dr. Thomas Vail , Findlay OH, 45840 (419) 423-1888

